

# STUDENT SYMPTOM GUIDE

CAMPUS SAFETY BEGINS AT HOME



## ATTENTION PARENTS / GUARDIANS :







Shasta County Public Health (SCPH) developed guidelines to assist parents in determining when students should be kept home. **Students utilizing the in-person instructional model should perform daily wellness checks prior to entering school campus.**

## DAILY WELLNESS CHECKLIST :

- **Temperatures must be under 100.4** - without the use of fever reducing medication (such as Tylenol, Ibuprofen, ect.) **for 24 hours prior to school**
- **Temperature check should be performed daily.**
- **Screen your child daily for potential COVID-19 symptoms or exposures**




## STUDENT SYMPTOM DECISION TREE

### Low-risk Symptoms

- |  |   |
|--|---|
|  Less than 100.4              |  Sore Throat               |
|  Congestion / Runny nose      |  Headache                  |
|  Nausea / Vomiting / Diarrhea |  Fatigue/muscle body aches |

Keep children home until they are **symptom free for 24 hours.**

### High-risk Symptoms

-  **Cough - new onset**  
(Not related to asthma or allergies)
-  **Difficulty breathing**
-  **Loss of taste / smell**

**Contact your child's primary care provider. Students should remain home until they have been symptom free for 10 days or until they receive a negative COVID-19 test.**

- If your child has a **low-risk symptom**, keep them home until they are **symptom free for 24 hours.**
- If your child has a **high-risk symptom**, keep them home and **contact your child's primary care provider.** Students cannot return to school until they have received a negative COVID-19 test or have been symptom free for 10 days.
- If you are notified that your child has been **exposed to someone with COVID-19**, do NOT send them to **school** until you receive clearance from Shasta County Public Health.